

Reflections from Life Care Planning Workshop on June 24, 2020

Presenter(s):

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Notes from Alisha Langford's Life Care Planning presentation:

We are not currently able to post the Life Care Planning PowerPoint slides on our website. If you would like to request a copy of the Life Care Planning PowerPoint slides to be sent directly to you please contact Abeona Group or email community@namimultnomah.org.

The Life Care Planning Timeline helps families understand the numerous stages that may need to be considered while developing a comprehensive Life Care Plan.

The Life Care Planning Process includes: vision and goals, resources and benefits, support system, letter of intent, transition planning, age of majority changes and considerations, parents' retirement, estate planning considerations. Our presenter went into details about each of these steps.

Discussed County Development Disability (DD) Services. Also public benefits at a glance, including Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), Medicaid, Medicare.

Discussed Special Needs Trusts, ABLE Accounts, Qualified Disability Expenses, Estate Planning Considerations. Also Guardianship, Conservatorship, and Alternatives.

Key Takeaways:

- It's never too late to start a lifecare plan for your family
- Create vision for your child's future/letter of intent
- Transition Planning should start early
- Position your child now for eligibility of needs-based benefits at age 18
- Coordination of all available resources to reach your child's goals and your vision
- Don't avoid estate planning considerations

If you have any questions about Life Care Planning contact Alisha Langford, ChSNC at 503-928-4081 or alishalangford@financialguide.com

Information from Jennifer Evans' Wraparound/ICC presentation:

Wraparound Video: <https://youtu.be/fnkMv48nzkc>

Wraparound Referrals: <https://multco.us/mhas/wraparound>

Care Oregon Care Coordination (Where to make Regional Care Team and Intensive Care Coordination referrals): <https://www.careoregon.org/members/member-resources/care-coordination>