

Oregon Family Support Network & NAMI Multnomah present



**For Parents and Caregivers of a
Child or Adolescent Living with Mental Illness**

FREE CLASS – 6 WEEKS

FALL 2019 CLASS TO BEGIN OCTOBER 11TH!

**MEETS FRIDAY MORNINGS FROM 10:00 – 12:30 P.M.
AT PROVIDENCE PORTLAND MEDICAL CENTER**

Contact NAMI Multnomah to register: 503-228-5692

NAMI Basics is an education program taught by trained teachers who themselves are the parent or caregiver of children with serious behavioral challenges and have lived similar experiences. The class and course materials are offered free of charge.

Topics include:

- Trauma of mental illness for the child & family
- Biology of mental illness
- Getting an accurate diagnosis
- An overview of treatment options
- Latest research on the medical aspects of mental illnesses
- Overview of the systems involved in caring for children & teens
- Impact of illness on the rest of the family



**CAN'T MAKE THIS CLASS?
CLASSES BEGIN IN FALL, WINTER, SPRING, &
SUMMER. REGISTER NOW!**

*Free parking; Easy access to Tri-Met; Exact location
provided at time of registration*

**To register ~ Contact NAMI Multnomah:
503-228-5692 | info@namimultnomah.org**



**Oregon
Family Support
Network**

