

MENTAL HEALTH RESOURCES FOR THE BLACK & AFRICAN AMERICAN COMMUNITY

MENTAL HEALTH AND HEALTHCARE

North by Northeast

714 NE Alberta St
503-287-4932

A community health center dedicated to Black and African American health.

Avel Gordly Center for Healing

621 SW Alder St
503-494-4745

Provides culturally sensitive, trauma informed mental health care for the Black and African American community.

Imani Center

709 NW Everett St
503-226-4060

Offers culturally-specific mental health and addiction treatment, peer support, and counseling.

SUPPORT

Racial Equity Support Line

503-575-3764

Offers support for those feeling the impact of racist violence and microaggressions. Staffed by people with lived experience.

The Black Parent Initiative

901 NE Glisan St
503-284-8000

Offers support for parents and families including resources and education, doula services, and home visits.

Depression and Bipolar Support Alliance

DBSAAlliance.org/online-support-groups

Offers online Black Community Mental Health Support Groups.

COMMUNITY

Urban League of Portland

10 N Russell St
503-280-2600

Offers connection to resources, workforce development, and youth empowerment programs for the Black and African American community.

Miracles Club

4200 NE MLK JR Blvd
503-249-8559

Offers peer support, NA meetings, sober housing, and community events for Black and African American individuals in substance use recovery.

Self Enhancement, Inc

3920 N Kerby Ave
503-249-1721

Offers academic support and comprehensive wraparound services for Black and African American youth and their families.

LOOKING FOR ADDITIONAL RESOURCES?

We're here to help! Check out our online Mental Health Resource Directory at namimultnomah.org/mental-health-resources, or call our HelpLine at 503-228-5692.