

MILITARY SEXUAL TRAUMA SUPPORT GROUP

For those who have served in the military, Active Duty, National Guard, and Reserve members who have experienced Military Sexual Trauma (MST). The group is facilitated by Veterans and former service members with shared experience, not by clinicians. Participants are welcome regardless of gender, discharge status, or Veteran status.

SCHEDULE: Every Monday

TIME: 6:00–7:30 PM

FORMAT: Online via Zoom

To register, please scan the QR code, visit bit.ly/NAMIMultMST, or call the NAMI Multnomah Helpline at 503-228-5692



NAMI Multnomah
National Alliance on Mental Illness